

Successfactors Dementia Friendly Initiatives: Mentality

ZonMw Memorabel project

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Content workshop

- Introduction dementia
- Focus on dementia friendly initiatives and outcomes
- What do we need? The smallest step possible

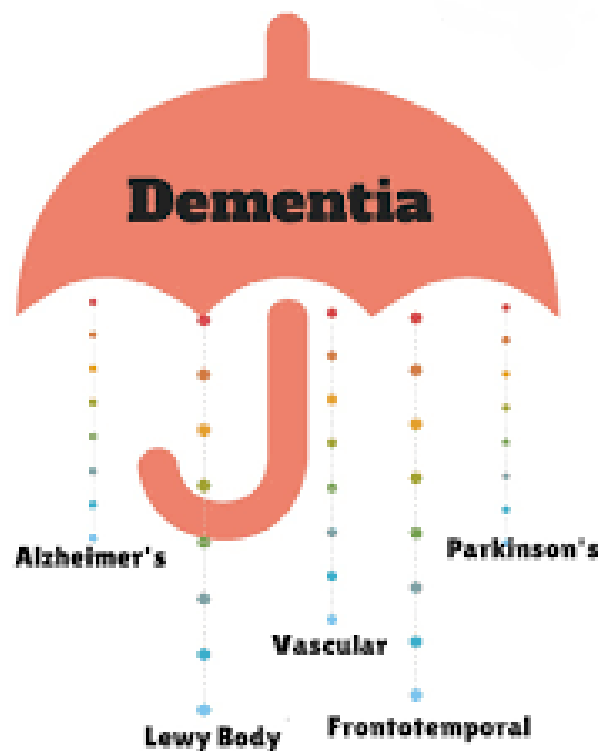
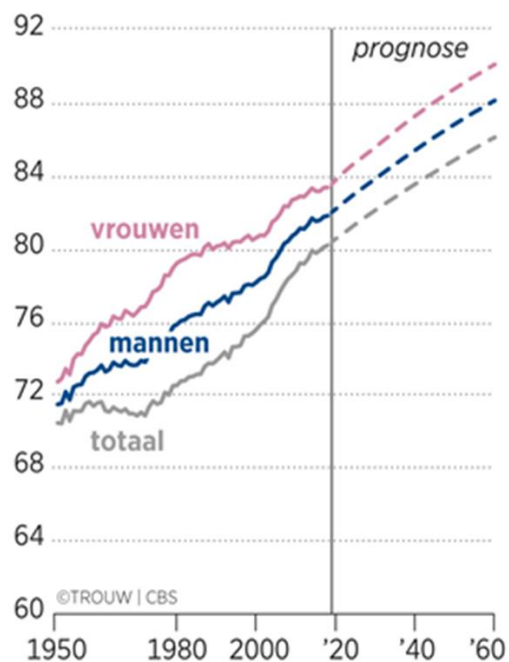
Introduce myself



Dementia; what are we talking about?

We leven steeds langer

Levensverwachting 1950-2060



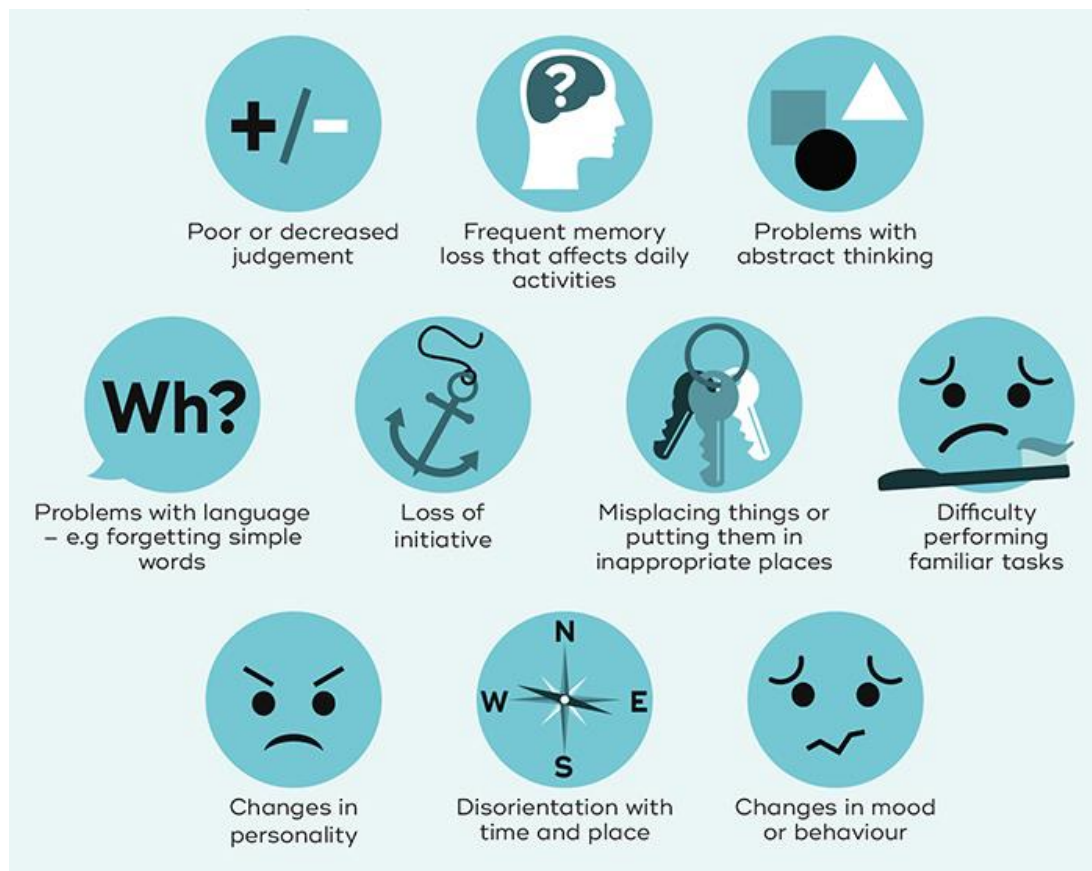
Netherlands



- 17.08 million people live in the Netherlands
- 280.000 people with dementia (1.6%)
 - 12.000 < 65 (4.3%)
 - 70.000 live in a care home (25%)
 - 100.000 are not diagnosed (36%)
- 2050: 620.000 people with dementia
- 300.000 family carers of people with dementia (1.8%)

Source: <https://adsdementiablog.wordpress.com/2019/06/06/from-amsterdam-to-worcester-a-dive-into-research-on-people-with-dementia-and-their-family-carers-in-the-uk-part-2/>

Signs of dementia- consequences



Loss of independence and autonomy
Decrease of social participation

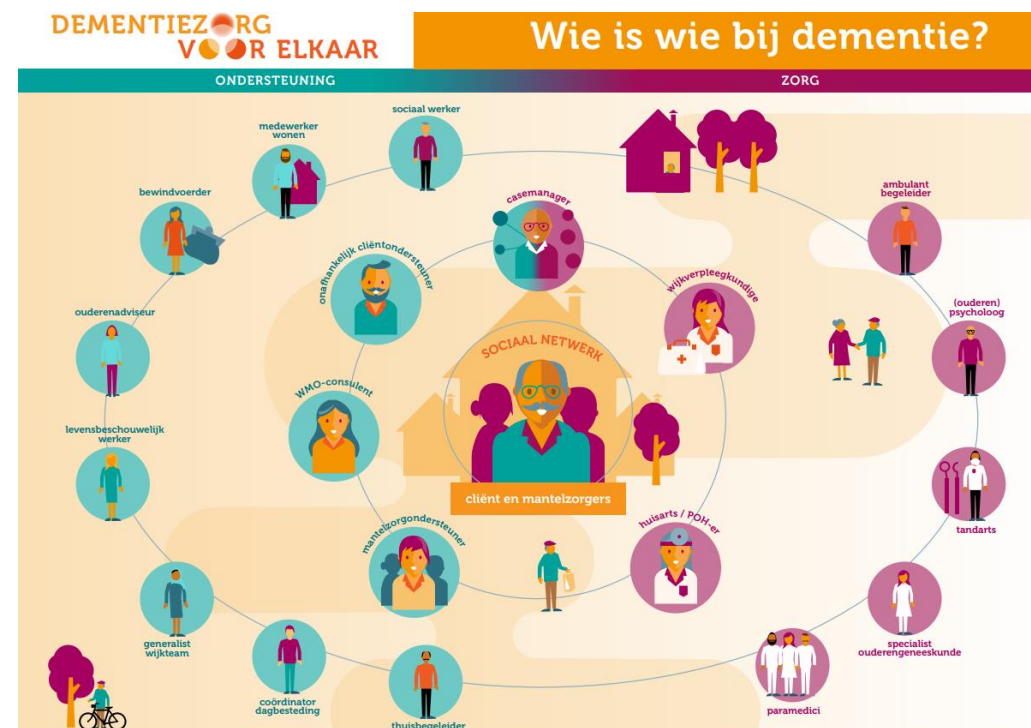
Future for people with dementia and their caregivers

- Persons with dementia: life expectancy: on average 6,5 years after diagnosis
 - Possible/probable admission into nursing home- depending on their social network
- Caregivers: 40 hours per week (on average)
- Less available formal care
- More demand on informal care

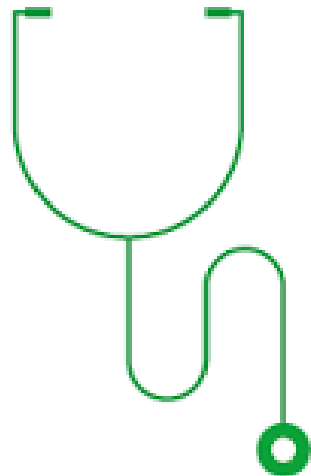


Having dementia in the Netherlands.

- 70% lives at home, with formal and informal support.
- ‘Jungle’ -> formal support healthcare vs welfare
- Informal support; not always visible/concrete
- Role of government and legislation: finances!
- Role of the person with dementia; isolation



Dementia friendly- why needed?



What is 'dementia friendly' about?

- Go to **www.menti.com** and use the code **9257 8949**

How could you personally contribute?

- Write it on a paper & write your name on it.
- Fold it
- Pass it through until I say 'stop'.
- Do not read it yet

Definitions

- Dementia friendly communities (DFC) are communities where people with dementia and their informal caregivers feel *understood, respected, have access to support, and feel confident* they can **contribute, participate and engage to community life**.

Adapted from Alzheimer's Society, 2013. Guidance for communities registering for the recognition process for dementia-friendly communities.& Smith K, Gee S, Sharrock T, Croucher M.(2016) Developing a dementia-friendly Christchurch: perspectives of people with dementia. Australas J Ageing. 35:188–192. [PubMed: 27061350]

Community?



Geographic boundaries



Based on interests

Definitions


- Dementia friendly initiatives (DFI) are activities that share an individualized and holistic approach that *promotes dignity, empowerment, engagement, and autonomy* to **enable well-being** of persons with dementia and the needs of their caregivers throughout the dementia trajectory .

Adapted from: Hebert, C.A., Scales, K. (2017) Dementia friendly initiatives: A state of the science review. Dementia 0(0) 1–38



Examples of dementia friendly initiatives





ntormatie-en-inspiratie/mooie-initiatieven

 Over ons Contact Zoeken

dementievriendelijk.nl

INFORMATIE EN INSPIRATIE • HOE ZET KAN HELPEN • PROJECTEN • WAT JIJ KUNT DOEN •

VIND PER THEMA MOOIE INITIATIEVEN

<p>KUNST EN CULTUUR</p>  <p>Meer lezen</p>	<p>MUZIEK</p>  <p>Meer lezen</p>	<p>TRAININGEN</p>  <p>Meer lezen</p>	<p>NATUUR EN BEWEGEN</p>  <p>Meer lezen</p>
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What is dementia friendliness in practice? according to....



What is dementia friendliness in practice? according to....

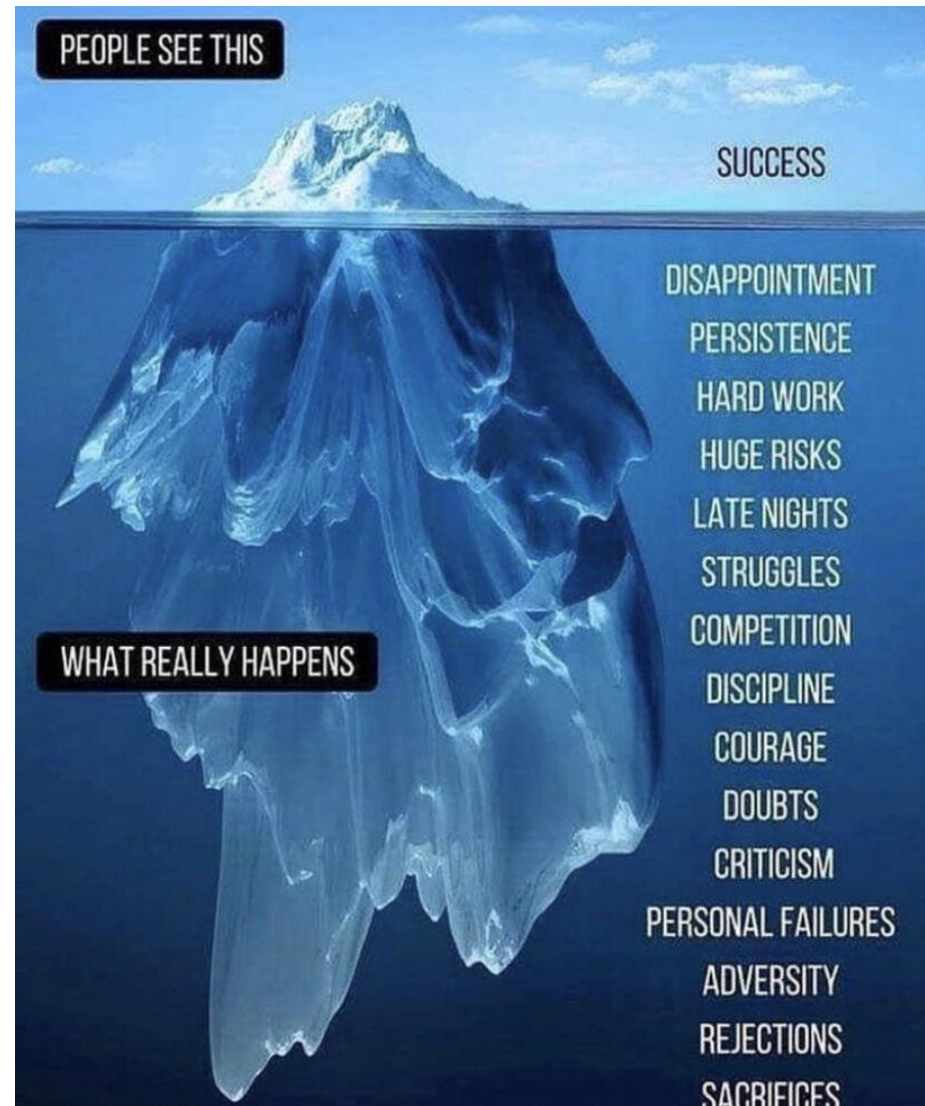


Research question Mentality

Which dementia-friendly initiatives work, for whom, in which circumstances and why.
(Pawson, et al; 2005)

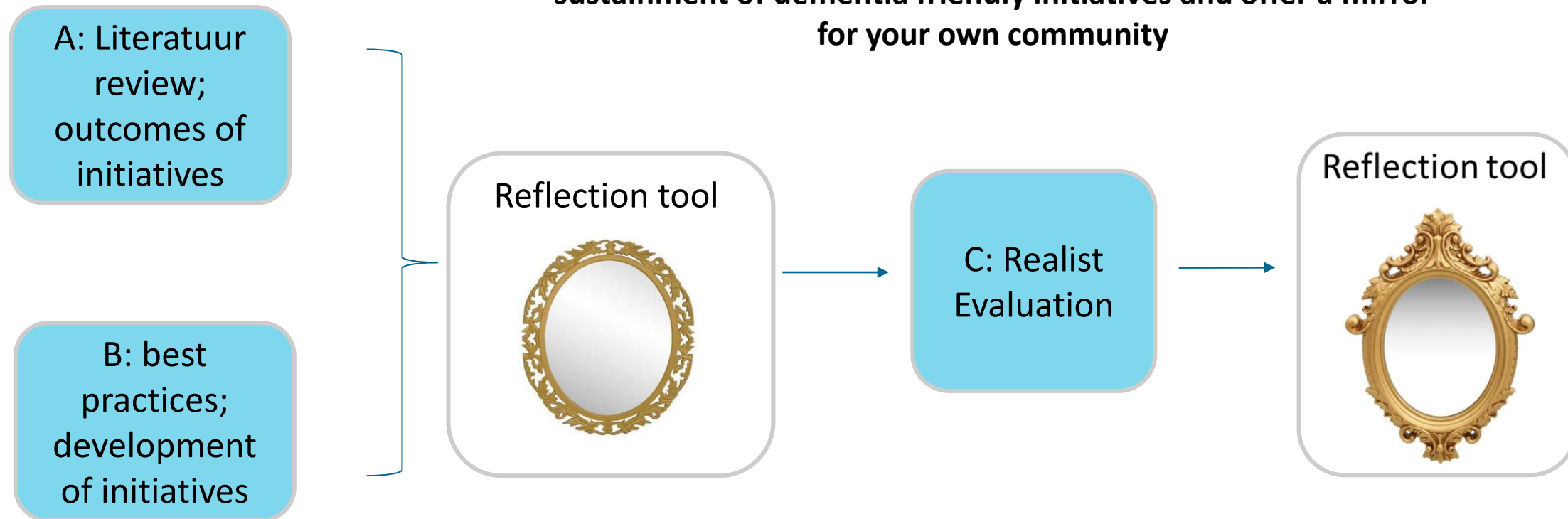
Research methodology: realist approach

Mechanisms are human 😊



What did we do

The success factors enable insights into the development and sustainment of dementia friendly initiatives and offer a mirror for your own community



2018- 2019

Sept 2020- december 2021

Role as patient, teamplayer or citizen

Having contact, meet others



Dementia specific=
Caring community

Participate, connect with others & enjoyment

Dementia inclusive-
Stimulating community



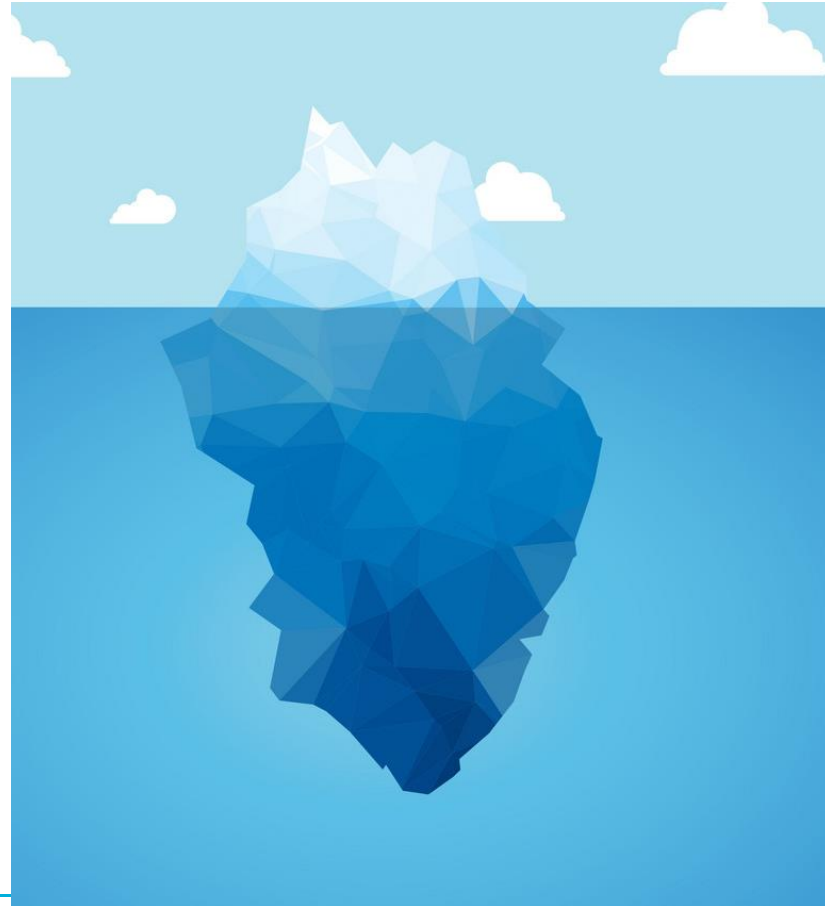
Maintain contacts and interests,
engage with others.
Search and receive support



Awareness and engagement in
the community -activating
community

Which personal strengths do we have to include team-players and citizens in our community

Mechanisms are human 😊



Thank you for your contribution towards a dementia friendly community

BY:

- Listening
- Talking with each other about it
- Thinking from your personal assets
- Inviting someone to discuss ideas
-

The smallest step possible



References:

<https://alz-journals.onlinelibrary.wiley.com/doi/full/10.1002/alz.12063>

<https://www.alzheimer-nederland.nl/factsheet-cijfers-en-feiten-over-dementie>

<https://www.dementievriendelijk.nl/informatie-en-inspiratie/mooie-initiatieven>

<https://www.alzheimer-nederland.nl/factsheet-cijfers-en-feiten-over-dementie>

[https://www.slideshare.net/aspencer48/the-positive-aspects-of-family-carers-](https://www.slideshare.net/aspencer48/the-positive-aspects-of-family-carers-identified-with-supporting-a-person-diagnosed-with-dementia)

[identified-with-supporting-a-person-diagnosed-with-dementia](https://www.slideshare.net/aspencer48/the-positive-aspects-of-family-carers-identified-with-supporting-a-person-diagnosed-with-dementia)

Thank you very much for your attention 😊

please feel invited to contact

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For more information about Mentality: <https://mentality.space/> (.. in Dutch..)